

## Preparing For Your Treatment Appointment

1. We understand that having dental treatment is the last thing you want to be doing with your time. We do everything we can to minimize stress to you. This includes:
  - a. Pre-medication with an anxiety prescription when appropriate and safe for the patient
  - b. Noise-cancelling headphones to drown out any and all sounds
  - c. Choice of entertainment:
    - i. Netflix
    - ii. Spotify
  - d. Pain-free treatment experience
2. We review all known and expected cost for treatment beforehand because we never want to surprise you with unexpected costs after treatment is completed.
  - a. Even our best efforts at providing accurate cost estimates beforehand can be thwarted by your insurance company. Sadly, they often refuse to pay their portion of treatment, and we are forced to collect our remaining fees from our patients.
  - b. We vow to our patients that we will do everything we can to prevent any financial stressors after the fact, and to do what we can to help you receive the best treatment possible in an affordable manner.
3. If your treatment includes anti-anxiety medications, there are a few things that we must do:
  - a. You must have someone to drive you to your appointment as well as pick you up and drive you home from your appointment
    - i. Uber is not an acceptable ride!
  - b. We must have consent forms for the planned treatment signed one day before your appointment
  - c. Payment must be collected at least one day prior to your treatment date
4. We will always discuss expected pain or sensitivity after a procedure is completed.
  - a. Pain/sensitivity is very subjective, but we will do our best to prepare you for discomfort.
  - b. The vast majority of treatment we perform at the practice can be managed with over-the-counter medications that you would use for a headache
    - i. Consult with our provider or your physician to ensure the medications are safe for you to take
    - ii. Many patients find the Ibuprofen or Acetaminophen are sufficient to manage discomfort after treatment
  - c. We will do whatever we can to keep you comfortable.